


Hoosac Valley Elementary School Lunch Menu for September 2019



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
		Aug. 28 Chicken Patty Sandwich Assorted Toppings French Fries, Carrots Baked Beans, Fruit	Aug. 29 Mozzarella Sticks Marinara Sauce Green Beans Cauliflower, Fruit	Aug. 30 Pepperoni Pizza Tuna Macaroni Salad Broccoli Fruit	Avg Cal - 655
Sept. 2 ~ NO SCHOOL  HAPPY LABOR DAY	Sept. 3 Grilled Ham & Cheese Sandwich, Spinach Tomato Soup Green Beans, Fruit	Sept. 4 Beef Ravioli Seasoned Broccoli Coleslaw Fruit	Sept. 5 Tacos Assorted Toppings Brown Rice Corn, Fruit	Sept. 6 Hamburger French Fries, Carrots Baked Beans Fruit	Avg Cal - 556
Sept. 9 Hot Dog on a Bun Baked Beans Butternut Squash French Fries, Fruit	Sept. 10 Pasta w/Meat Sauce Grated Cheese Bread Stick Green Beans, Fruit	Sept. 11 Pancakes w/Syrup Turkey Sausage Carrots, Corn Fruit	Sept. 12 Mini Original Sub Assorted Toppings Baked Chips Spinach, Fruit	Sept. 13 Pizza Tossed Salad Broccoli Fruit	Avg Cal - 655
Sept. 16 Chicken Nuggets w/Dips Sweet Potato Fries Baked Beans Cauliflower, Fruit	Sept. 17 Breaded Pork Patty Mashed Potatoes & Gravy, Carrots WW Bread & Butter Peas, Fruit	Sept. 18 Meatball Grinder Grated Cheese Spinach Corn, Fruit	Sept. 19 Macaroni & Cheese Carrots w/Dip Broccoli Fruit	Sept. 20 Hamburger or Fish Sandwich French Fries Green Beans, Fruit	Avg Cal - 633
Sept. 23 Mozzarella Sticks Marinara Sauce Green Beans Spinach, Fruit	Sept. 24 Sweet & Sour Chicken Brown Rice Broccoli, Corn Pineapple	Sept. 25 EARLY DISMISSAL BREAKFAST WILL BE SERVED ~ NO LUNCH	Sept. 26 Turkey Sandwich Chicken Noodle Soup Butternut Squash Fruit	Sept. 27 Pizza Bagel Tuna Macaroni Salad Carrots Fruit	Avg Cal - 634

****Daily lunch alternative: Sun Butter & Jelly Sandwich.**

Milk is served with all meals.

****Any food allergy should be reported to the school nurse.**

Menu is subject to change without notice.

This institution is an equal opportunity provider.